

1984 Region 8AA Girls Championship at Moorhead on Saturday, June 2nd

Teams: Moorhead 88, Rocori 65, Park Rapids 50, Alexandria 46, Detroit Lakes 45.33, St Cloud Apollo 40, Brainerd 31, Bemidji 29, Fergus Falls 25, St Cloud Tech 23.67, Melrose 23, Thief River Falls 13, Little Falls 10, Sauk Rapids 7, Melrose 0.

100

- 1 Linda Pachel, PR 12.03
- 2 Dani Mische, Apo 12.77
- 3 Michelle Wodarz, Br 12.82
- 4 Brenda Schmitz, DL 12.85
- 5 Sue Grow, Alex 12.92
- 6 Sara Sawyer, Apo 12.94

200

- 1 Linda Pachel, PR 25.73
- 2 Holly Farrar, FF 26.39
- 3 Brenda Schmitz, DL 26.39
- 4 Kelly Thelen, Mel 26.70
- 5 Chris Herzog, Alex 26.74
- 6 Nancy Ohman, Mhd 27.17

400

- 1 Sue Faus, Roc 61.09
- 2 Michele Malow, DI 61.39
- 3 Michelle Puetz, TRF 61.40
- 4 Christy Andrews, Alex 61.49
- 5 Tracee Wolf, Roc 62.25
- 6 Holly Farrar, FF 63.08

800

- 1 Bobbi VanAmber, Alex 2:20.50
- 2 Cheryl Marrs, Apo 2:21.37
- 3 Sara Andrew, Tech 2:25.21
- 4 Kathy Lundberg, Bem 2:25.89
- 5 Laura Behren, FF 2:27.23
- 6 Heather Doyle, Mhd 2:29.11

1600

- 1 Heather Doyle, Mhd 5:14.75
- 2 Pam Urbanski, Tech 5:24.66
- 3 Karen Waverek, SR 5:33.06
- 4 Julie Thorkelson, Alex 5:37.84
- 5 Julie Benjamin, PR 5:37.84
- 6 Micky Doll, Mhd 5:40.92

3200

- 1 Brenda Dickman, LF 11:33.95
- 2 Julie Shorter, Tech 11:40.23
- 3 Teresa Greenwood, Mhd 11:59.83
- 4 Sandi Lambert, FF 12:03.28
- 5 Sue Ness, FF 12:14.17
- 6 Sue Bell, Roc 12:52.36

100 Hurdles (30")

- 1 Brenda Braun, Mhd 14.74
- 2 Allyson Grohnke, Mhd 14.91
- 3 Katy Bryce, PR 14.99
- 4 Becky Zirbes, Mel 15.22
- 5 Tracee Wolf, Roc 15.48
- 6 Colleen Foss, SR 15.99

200 Hurdles (30")

- 1 Brenda Braun, Mhd 29.86
- 2 Katy Bryce, PR 30.31
- 3 Sally Garner, Apo 30.70
- 4 Allyson Grohnke, Mhd 30.81
- 5 Lisa Lederman, Alex 31.09
- 6

4x100 Relay

- 1 Moorhead 51.00 (T Grothe, A Grohnke, K Miller, A McKenna)
- 2 Detroit Lakes 51.14
- 3 Park Rapids 52.10
- 4 Apollo 52.18
- 5 Alexandria 52.28
- 6 Brainerd 52.95

4x200 Relay

- 1 Melrose 1:48.08 (J Mueller, B Zirbes, A Bushman, K Thelen)
- 2 Moorhead 1:48.28
- 3 Apollo 1:48.52
- 4 Fergus Falls 1:51.28
- 5 Detroit Lakes 1:51.46
- 6 Thief River Falls 1:51.46

4x400 Relay

- 1 Rocori 4:07.72 (T Wolf, C Elwell, S Theis, S Faue)
- 2 Alexandria 4:07.92
- 3 Moorhead 4:14.21
- 4 Thief River Falls 4:17.97
- 5 Bemidji 4:21.55
- 6 Apollo 4:24.53

4x800 Relay

- 1 Alexandria 9:58.88 (S Peterson, L Miller, C Andrews, B VanAmber)
- 2 Bemidji 10:09.37
- 3 Apollo 10:11.33
- 4 Rocori 10:22.82
- 5 Thief River Falls 10:26.39
- 6 SC Tech 10:53.07

Shot Put

- 1 Julie Eisenschenk, Roc 43-10.5 **
- 2 Shirley Molitor, Roc 42-0
- 3 Nancy Fleischhaker, Br 40-0.25
- 4 Tracy Mollick, Mhd 38-4.5
- 5 Lora Rice, DL 35-1
- 6 Karin Dulski, Mhd 34-2

Discus Throw

- 1 Nancy Fleischhaker, Br 128-3
- 2 Julie Eisenschenk, Roc 118-6
- 3 Tina Erickson, Bem 114-4
- 4 Julie Willette, DL 109-11
- 5 Lisa Benson, Alex 108-7
- 6 Tracy Mollick, Mhd 106-9

Long Jump

- 1 Brenda Schmitz, DL 16-8.5
- 2 Linda Pachel, PR 16-6.75
- 3 Kelly Smith, Br 16-5.5
- 4 Holly Farrar, FF 16-5
- 5 Pam Overbeck, Bem 15-8.5
- 6 Kathy Maltrud, DL 15-6.75

High Jump

- 1 Tracee Wolf, Roc 6-5
- t2 Allyson Grohnke, Mhd 5-3.5
- t2 Melissa Toftom, Bem 5-3.5
- 4 Lynn Tomasek, Mel 5-3.5
- 5 Kris Harms, Br 5-2
- t6 Chris Berger, Tech 4-10
- t6 Anne Bell, Tech 4-10
- t6 Greta Gerdes, DL 4-10

* Ties Meet Record

** New Meet Record

Notes: Moorhead was coached by Kay Peterson.